of the neck for the sô; a (secret) design on the sacrum for the ngil; three horizontal marks on the nape for the ndôngô; a line of "vaccination marks" on the inner surface of the arms, forearms, and thighs, and along the carotid arteries, for the serpent /associations/, etc.

Men wore their hair braided, or else they shaved the temples and parietal bones, leaving a sort of comb on the top of the skull, suggesting a gorilla's crest. There were special ways of dressing the hair appropriate for the different initiations. The moustache was worn only by the benya bôô; the beard, a goatee, by a few aged men, often diviners. In our day men usually wear their hair short and merely combed; a central part, in the Lower Nigerian fashion, was very common around 1948 among factory hands, while former recruits went in for a crew cut with a frill beard /barbe en collier/. Many students wear a little goatee, and this style is now growing among the rest of the younger generation. Since up to now wearing a beard was a sign of mourning, a political implication has sometimes been attributed to this fashion--but mourning beards are not trimmed. /88/

Women have many ways of doing their hair, in plaits, checker board, "horns," etc. As a sign of mourning their heads are shaved, and they are not allowed to comb the hair that grows out before the end of mourning. The growth of beard or moustache that often follows menopause is considered a sign of sorcery. Stylish women pluck their armpits, and a few also remove their pubic hair, for reasons perhaps of elegance and hygiene, perhaps of ritual (is there a relationship between the name of the important female rite mevungu and mevul, meaning "female pubic hair?"). Padouk powder, baa, is still used in the way that henna is for both magical and aesthetic reasons, but European make-up, mainly lipstick, has taken its place among young fashionable women.

Bodily cleanliness is much in favor: men and women often bathe several times a day with plenty of soap. But it is common to see them put back on their well-scrubbed bodies perfectly filthy clothes, no doubt because bodily cleanliness is a much older practice than that of wearing clothes made of cloth.

c. Psychological Characteristics

Like the majority of known peoples, the Pahouin have a very flattering opinion of themselves, and the curious thing is that this

youths in the aba and prepared for further initiations, while beginning to participate fully in masculine activities, work and games. The bekungu (Fang, bekhun?) initiation that came directly after circumcision was not a general practice. My own impression is that this was not a tribal or clan rite like sô, but that of an association of diviners or seers involving only specially endowed individuals, perhaps related to the ndôngô rite restricted to grown men, which appears to have identical ritual tattoo marks.

For the mo'minga reaching puberty there is no stage equivalent to circumcision. In spite of what Trilles says, excision has apparently never been used except as a punishment for certain kinds of adultery or mild incest. It must not be forgotten that a little girl very soon went to live with her affinal family and that she was deflowered as soon as she reached puberty. She very rarely remained ôlenan, that is, pubescent and unmarried, and then for a very short time. One might almost say that her adolescence was telescoped into the period between childhood and the arrival of puberty marked by the mevungu rite.

This adolescent phase is now prolonged by the law fixing the marriageable age at fourteen (puberty usually comes during the twelfth year), by school attendance, and by the change in the bride-price system. Most of my friends of a certain age see in these facts the reasons for a crisis in immorality which they probably to some extent exaggerate.

Nevertheless, first menstruation was apparently acknowledged in a ceremony in which only women took part, but this may have been merely a preliminary to the mevungu initiation, about which hardly anything is known. Otherwise /as regards female adolescence/ coition is forbidden to immature girls, while unmarried girls who have begun menstruating have actually great sexual freedom, even in Christian circles. It must, however, be realized that only too often, especially in schools, there are girls deflowered before puberty, whereas boys seem to wait for circumcision /97/ before their first exploits — there are parents, worried about their sons' "good behavior," who give them aphrodisiacs as encouragement.

d. Transition to Adulthood

The ndoman is not yet a real person, nya môtô; undoubtedly he participates in men's work, in hunting and clearing the land, but he

8: Bennett D-5 (ca. 1898) 1899 FH9 Fang FH9

bread-winners and some are strong and muscular, while many more are weak and worn out from ceaseless toil.

The Fang make good carriers, and will do a splendid day's journey even in the wet season with bad forest trails, if not overloaded. A carrier's load should never exceed 25 kilogrammes; and 20 would pay better on a long journey. The first day out with a caravan the men usually drag along slowly, until their loads settle well down in the *bingi* and fit their backs. The *bingi* is a very ingenious contrivance for carrying a load in; it is usually made from a forest vine with a plaited head strap. To hurry carriers the first day is a bad mistake; poorly adjusted loads chafe and cause sore backs, and before night the whole caravan is tired out and sulky. It is a wise traveller in Africa as elsewhere who knows how to save his men.

A very noticeable fact among the Fang is the scarcity of old men. I attribute this largely to the ravages of syphilis; the same terrible disease that has done so much towards the degeneration of numerous coast tribes, and which is already playing fearful havoc among the Fang. Indolent, untrustworthy and warlike, they are nevertheless a most companionable people. The slightest piece of drollery or a joke immediately causes laughter. It has been my privilege to visit many foreign lands including China, Japan and Korea, yet never in my life have I met such an absolutely good-natured, fun-loving people as the Fang.

The men are not fond of work. They frequently ask me for something to do to "earn a cloth." If I tell them to cut fence poles or good clean bark in the forest, they decline. A male Fang's idea of work is to sit in the *Abeng* (= palaver house) and make fish lines by rolling pineapple fibre along the upper portion of his thigh, or to manufacture *Abi* (roof thatch). At these occupations he can converse with all comers, hear the news and take his part in talking a palaver. They are a revengeful people and will keep up a palaver over a woman for many years. If they do not succeed in shooting a man during a palaver they do not hesitate to fire at and kill a woman, while captive held as hostages are often treated with great cruelty.

The women regard virtue very lightly. Before marriage a girl can do nearly as she pleases. It is absolutely safe to state that it would be almost impossible to find a maiden in a Fang village over sixteen years of age. Adultery is common, and one of the chief causes of "women palavers." Women rank first in value as goods for trade, next in value are goats, then guns and cloth. The greed for goods has a strong hold on the people. They learn quickly but have very little originality. They have no obscene rites. Their habits are very dirty; they will wash in a small pool of water and, while bathing, fill the gourds or imported jugs with the water in which they are washing and use it for domestic purposes. In many other ways they are absolutely filthy, and descend to the level of brute creation. They are not over-burdened with modesty, both sexes frequently bathe together in a perfectly nude condition. A male Fang passes a large percentage of his time in